



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is **only a summary**. For more information about your coverage, or to get a copy of the complete terms of coverage you can access our [Member Reference Desk](#) or by calling 1.866.539.3342 or 517.364.8567 locally. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 1.866.539.3342 or 517.364.8567 locally to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	\$1,000 Individual / \$2,000 Family	Generally, you must pay all of the costs from providers up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. Preventive care and other services as noted are covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the annual <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain preventive services without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="#">deductibles</a> for specific services?	No.	You don't have to meet <a href="#">deductibles</a> for specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	\$1,800 Individual / \$3,600 Family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limit</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	<a href="#">Premiums</a> , <a href="#">balance-billed</a> charges, health care this <a href="#">plan</a> doesn't cover, services that exceed an annual day/visit limit, and any <a href="#">co-pays</a> and <a href="#">co-insurance</a> you pay for any non-essential health benefits.	Even though you pay these expenses they don't count toward the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="http://www.phpmichigan.com">www.phpmichigan.com</a> or call 1.866.539.3342 or 517.364.8567 locally for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.

Important Questions	Answers	Why This Matters:
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	You can see the network <a href="#">specialist</a> you choose without a <a href="#">referral</a> .



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies, unless stated otherwise.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary Care visit to treat an injury or illness.	\$25 <a href="#">copay</a> per visit, <a href="#">deductible</a> does not apply	Not covered	Associated services will apply to the plan deductible and coinsurance. Convenience care facilities are covered under this benefit.
	<a href="#">Specialist</a> visit	30% <a href="#">coinsurance</a> after deductible	Not covered	Associated services will apply to the plan deductible and coinsurance. Allergy services (not including injections) are covered at 50% coinsurance after deductible from network providers only.
	<a href="#">Preventive care/screening</a> /immunization	No charge	Not covered	You may have to pay for services that aren't <a href="#">preventive</a> . Ask your <a href="#">provider</a> if the services needed are <a href="#">preventive</a> . Then check what your <a href="#">plan</a> will pay for.
If you have a test	<a href="#">Diagnostic test</a> (x-ray/blood work)	30% <a href="#">coinsurance</a> after deductible	Not covered	None
	Imaging (CT/PET scans, MRIs)	30% <a href="#">coinsurance</a> after deductible	Not covered	None
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug coverage</a> is available at <a href="https://www.caremark.com/wps/portal">https://www.caremark.com/wps/portal</a> .	Preferred generic and select brand-name drugs to treat certain chronic conditions (Tier 1A)	\$15 <a href="#">copay</a> (retail) \$30 <a href="#">copay</a> (mail order)	Only covered for emergent/urgent condition	Deductible may apply to copays or coinsurance amounts for outpatient prescription drugs. Covers up to a 31-day supply (retail prescription); 32-90-day supply (mail order prescription). ACA mandated preventive drugs such as select contraceptive and tobacco cessation medications are covered with no member cost share. Preferred Tobacco Cessation Products are only available from retail network pharmacies in up to 31-day supply.
	Other preferred generic drugs (Tier 1B)	\$40 <a href="#">copay</a> (retail) \$80 <a href="#">copay</a> (mail order)	Only covered for emergent/urgent condition	
	Preferred brand-name drugs (Tier 2)	40% <a href="#">coinsurance</a> after deductible	Only covered for emergent/urgent condition	
	Non-preferred brand drugs (Tier 3)	40% <a href="#">coinsurance</a> after deductible	Only covered for emergent/urgent condition	

\* For more information about limitations and exceptions, see the certificate of coverage at [www.phpmichigan.com](http://www.phpmichigan.com).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
	Preferred Specialty drugs (Tier 4)	40% <a href="#">coinsurance</a> after deductible (mail order)	Not covered	<p>All Specialty Drugs regardless of tier placement are only available from CVS mail-order specialty pharmacy in up to a 31-day supply.</p> <p>Tier 1A drugs are available from a retail network pharmacy in up to a 90-day supply. If a brand-name drug has a generic drug that is chemically the same, you pay your applicable copay or coinsurance amount plus the difference between the brand-name and generic price.</p> <p>Some drugs require prior approval for coverage. Call PHP for more information.</p>
	Non-Preferred Specialty drugs (Tier 5)	40% <a href="#">coinsurance</a> after deductible (mail order)	Not covered	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	30% <a href="#">coinsurance</a> after deductible	Not covered	Female sterilization is covered at no member cost share when using network providers. Prior approval required for coverage of certain surgeries. Call PHP for the complete list.
	Physician/surgeon fees	30% <a href="#">coinsurance</a> after deductible	Not covered	Female sterilization is covered at no member cost share when using network providers. Prior approval required for coverage of certain surgeries. Call PHP for the complete list.
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	30% <a href="#">coinsurance</a> after deductible	30% <a href="#">coinsurance</a> after deductible	Associated services will apply to the plan deductible and coinsurance. Prior approval is required for coverage if admitted from the Emergency Department for an inpatient stay.
	<a href="#">Emergency medical transportation</a>	30% <a href="#">coinsurance</a> after deductible	30% <a href="#">coinsurance</a> after deductible	
	<a href="#">Urgent care</a>	30% <a href="#">coinsurance</a> after deductible	30% <a href="#">coinsurance</a> after deductible	
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	30% <a href="#">coinsurance</a> after deductible	Not covered	Prior approval required for coverage of inpatient stays. Transplants must be at Designated Facilities.
	Physician/surgeon fees	30% <a href="#">coinsurance</a> after deductible	Not covered	Prior approval required for coverage of inpatient stays.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	\$25 <a href="#">copay</a> per visit, <a href="#">deductible</a> does not apply	Not covered	Prior approval required for coverage of non-routine services, including ABA services and inpatient stays. ABA services will apply to the plan deductible and coinsurance.
	Inpatient services	30% <a href="#">coinsurance</a> after deductible	Not covered	Prior approval required for coverage of non-routine services, including ABA services and inpatient stays.
<b>If you are pregnant</b>	Prenatal and Postnatal office visits	No charge	Not covered	Cost sharing does not apply for preventive services. Depending on the type of services, a coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). Prior approval required for coverage if inpatient stay exceeds federally established minimum time frames.
	Childbirth/delivery professional services	30% <a href="#">coinsurance</a> after deductible	Not covered	
	Childbirth/delivery facility services	30% <a href="#">coinsurance</a> after deductible	Not covered	
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	30% <a href="#">coinsurance</a> after deductible	Not covered	Prior approval required for coverage.
	<a href="#">Rehabilitation services</a>	30% <a href="#">coinsurance</a> after deductible	Not covered	There are separate limits for rehabilitative and habilitative services: PT & OT = 30 visits per calendar year; ST = 30 visits per calendar year; and cardiac & pulmonary rehab = 30 visits per calendar year. Covered services for treatment of autism are not included in above limits. Prior approval required for coverage of outpatient speech therapy.
	<a href="#">Habilitation services</a>	30% <a href="#">coinsurance</a> after deductible	Not covered	
	<a href="#">Skilled nursing care</a>	30% <a href="#">coinsurance</a> after deductible	Not covered	
	<a href="#">Durable medical equipment</a>	50% <a href="#">coinsurance</a> , <a href="#">deductible</a> does not apply	Not covered	Prior approval required for coverage of certain items of DME. Call PHP for current information.
	<a href="#">Hospice services</a>	30% <a href="#">coinsurance</a> after deductible	Not covered	Limit of 45 day(s) per calendar year
<b>If your child needs dental or eye care</b>	Children's eye exam	No charge	Not covered	This is a preventive service. Routine Eye Exam for Children Limit: limit of 1 exam(s) per calendar year

\* For more information about limitations and exceptions, see the certificate of coverage at [www.phpmichigan.com](http://www.phpmichigan.com).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
	Children's glasses	30% <a href="#">coinsurance</a> after deductible	Not covered	Other limitations apply. Lenses for Children Limit: limit of 1 pair(s) per calendar year
	Children's dental check-up	Not covered	Not covered	This plan has no coverage for this service.

#### Excluded Services & Other Covered Services:

Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .)			
<ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Cosmetic Surgery</li> <li>• Dental Care</li> <li>• Elective abortion as defined by the State of Michigan</li> </ul>	<ul style="list-style-type: none"> <li>• Hearing aids and services</li> <li>• Infertility treatment and medications to conceive a pregnancy</li> <li>• Non-emergency care when traveling outside the U.S.</li> </ul>	<ul style="list-style-type: none"> <li>• Routine eye care (adult)</li> <li>• Routine foot care</li> </ul>	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)			
<ul style="list-style-type: none"> <li>• Bariatric surgery</li> <li>• Chiropractic care</li> </ul>	<ul style="list-style-type: none"> <li>• Infertility treatment to treat the underlying conditions that result in infertility only</li> </ul>	<ul style="list-style-type: none"> <li>• Weight loss services, including bariatric surgery and programs</li> </ul>	

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Michigan Department of Insurance & Financial Services (DIFS), the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: PHP at 1.800.832.9186 or 517.364.8500 locally. You may also contact the Michigan Department of Insurance & Financial Services (DIFS), the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

#### **Does this plan provide Minimum Essential Coverage?**

Not Applicable.

#### **Does this plan meet the Minimum Value Standards?**

Not Applicable.

#### **Non-Discrimination:**

Physicians Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. PHP does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. PHP provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters; written information in other formats (large print, audio, accessible electronic formats, other formats); and provides free language services to people whose primary language is not English, such as qualified interpreters; and information written in other languages. If you need these services, contact Customer Service at 800.832.8186 (TTY 711). If you believe that PHP has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the PHP Civil Rights Coordinator, mailing address: PO Box 30377 Lansing MI 48909-7877, phone: 800.832.9186, (TTY 711), fax: 517.364.8406 email: [phpcompliance@phpmm.org](mailto:phpcompliance@phpmm.org). You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the PHP Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201, 1.800.368.1019, 800.537.7697 (TTD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

**Language Access Services:** If you, or someone you are helping, has questions about this Benefit plan, you have the right to get help and information in your language at no cost. To talk to an interpreter, call our Customer Service Department at 517.364.8500 or 800.832.9186 (TTY 711).

Spanish Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de PHP, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 517.364.8500 - 800.832.9186 (TTY 711).

Arabic

إن كان لديك أو لدى شخص تساعد أسئلة بخصوص PHP، ف لديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغة من دون أية تكلفة. للتحدث مع مترجم اتصل بـ 800.832.9186 - 517.364.8500 (TTY 711).

Chinese 如果您，或是您正在協助的對象，有關於[插入SBM 項目的名稱PHP]方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢

\* For more information about limitations and exceptions, see the certificate of coverage at [www.phpmichigan.com](http://www.phpmichigan.com).





## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$1,000
■ <a href="#">Specialist coinsurance</a>	30%
■ Hospital (facility) <a href="#">coinsurance</a>	30%
■ Other <a href="#">coinsurance</a>	30%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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#### In this example, Peg would pay:

Cost Sharing	
Deductibles	\$1,000
Copayments	\$0
Coinsurance	\$800
What isn't covered	
Limits or exclusions	\$50
<b>The total Peg would pay is</b>	<b>\$1,850</b>

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$1,000
■ <a href="#">Specialist coinsurance</a>	30%
■ Hospital (facility) <a href="#">coinsurance</a>	30%
■ Other <a href="#">coinsurance</a>	30%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,500</b>
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#### In this example, Joe would pay:

Cost Sharing	
Deductibles	\$1,000
Copayments	\$200
Coinsurance	\$600
What isn't covered	
Limits or exclusions	\$00
<b>The total Joe would pay is</b>	<b>\$1,800</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$1,000
■ <a href="#">Specialist coinsurance</a>	30%
■ Hospital (facility) <a href="#">coinsurance</a>	30%
■ Other <a href="#">coinsurance</a>	30%

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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#### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,000
Copayments	\$10
Coinsurance	\$600
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,610</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.