# Complete and submit this card to receive the incentive.

Please detach this form from the mailer. When the form is completed and ready to submit, fold the form where indicated making sure the Business Reply Mail panel faces out, tape it closed and mail.

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#### ATTN: QUALITY DEPARTMENT PHP FAMILY CARE PO BOX 30377 TANSING MI 48909-9828

POSTAGE WILL BE PAID BY ADDRESSEE

**BUSINESS REPLY MAIL** FIRST-CLASS MAIL PERMIT NO. 996 LANSING MI

UO POSTAGE VARAESSARY IF MAILED IN THE IN THE VUITED STATES

Fold this flap down, tape the flap closed and mail.

Physicians Health Plan Family Care P.O. Box 30377 Lansing, MI 48909-1

PHPMichigan.com

ADDRESS SERVICE REQUEST







# Look inside for a special **\*25 Gift Card** offer!

# **Congratulations on the recent birth of your baby!**

## To promote good postpartum health, you should have a check-up with your doctor 21 to 56 days after your baby is born.

If you have not already scheduled your postpartum appointment, please call your doctor today.

PHP FamilyCare will mail you a \$25 Meijer Gift Card when you have your postpartum visit within the recommended time frame. Here's how the incentive works:



- 1. Detach the form from the mailer.
- 2. Print your PHP Member Name, Date of Birth, and PHP Number on the form and take it with you to your postpartum visit.
- 3. Have your doctor fill in the dates and sign the form.
- 4. Fold it with the Business Reply Mail panel facing out, seal it, and drop it the mail.

The Meijer Gift Card will be mailed to you. You must be a current member of PHP to receive the incentive.

#### Please call 1.877.803.2551 or 517.364.8466 if you need:

- Help finding a doctor
- Transportation (FamilyCare)
- A translator or an interpreter

### **Remember to help your** baby stay healthy:

- Make sure your baby gets all of his or her vaccines in the correct time frame
- Do not allow anyone to smoke near your baby
- Baby should sleep by him or herself in a crib or bassinette
- All children six months of age or older should get a flu vaccine every year
- Have your child screened for lead poisoning on or before their second birthday.
- Your baby should have a well child visit at:

birth, 1 month, 2 months, 4 months, 6 months, 9 months, 12 months, and 15 months



## For more information on vaccines, safe sleep, and the flu shot, visit michigan.gov or tomorrowschildmi.org

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PHP Member Name:
PHP Member Date of Birth:
PHP Number:
Date Baby was Born:
Date of Postpartum Visit:
Printed Name of Doctor:
Signature of Doctor:
Fold here first.

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