

The medications and products listed are over-the-counter (OTC) items. PHP FamilyCare will cover the OTC medication as long as you have a prescription from your doctor. No co-payment will be due for the OTC prescribed by your doctor. If you do not have a prescription from your doctor, the medication or product will not be covered.

The OTC medication or product may work just as well as the more expensive prescription drugs you may be taking.

To get one of the OTC medications for a \$0 co-payment, please follow these steps:

- Show this list to your doctor.
- Ask whether one of the products would be good for your condition.
- If your doctor agrees, ask him or her to write a prescription for the OTC version.
- Go to a pharmacy in the PHP FC network. Show your PHP FC card and Medicaid MIHEALTH card when you go to the pharmacy.

If you have questions about your prescription drug coverage, please call PHP FC Customer Service Department at 1 800 661-8299.

Antidiarrheals

acidophilus/lactobac spor (Acidophilus)
bismuth subsalicylate (Pepto-Bismol)
kaolin/pectin (Kaolin w/Pectin)
loperamide HCl (Anti-Diarrheal)

Antihistamines

cetirizine HCl (Zyrtec OTC)
chlorpheniramine maleate
(Chlorpheniramine Maleate)
clemastine fumarate (Clemastine Fumarate)
fexofenadine (Allegra)
loratadine (Loratadine)

Antipsoriatics/Antiseborrheics

selenium sulfide (Selsun Blue)

Antitussive Combinations

dm hb/pse (Robitussin Maximum)
dm hb/pse/apap/cp (Severe Cold & Flu)
dm hb/pse/bpm (Cold & Allergy DM)
dm hb/pse/cp (Child Cough & Cold)
dm hbr (Robitussin DM Cough)
dm hbr/cp (Coricidin HBP)
dm polistirex (Delsym)
dm/apap/cp (Flu Relief BP)
dm/apap/doxylamn
(Nighttime Cold & Flu Relief)
dm/pse/apap/diphenhydram (Flu Relief)
guaifen/dm hb (Robitussin-DM/Mucinex)
guaifen/dm hb/pse (Robitussin CF)

This information pertains to:

Prescription ID Card Number:

Benefit Information:

Antivertigo & Antiemetic Agents

dimenhydrinate (Dimenhydrinate)
meclizine HCl (Meclizine HCl)

Blood Glucose Monitoring Devices & Supplies

urine acetone test, tablet (Acetest Reagent)
urine glucose acet comb.tst, strip (Diascreen 9)
urine glucose test, tablet (Clinitest Analysis Set)
urine multiple test (Labstix Reagent)

Decongestants/Antihistamines

cetirizine HCl/pseudoephedrine (Zyrtec D OTC)
loratadine/pseudoephedrine (Claritin-D)
phenylephrine HCl
(Non-Pseudo Sinus Decongestant)
phenylephrine HCl/apap (Sinus PE)
phenylephrine HCl/chlor-mal
(Sinus & Allergy Decongestant)
pse/chlor-mal (Cold & Allergy PE)
pse/loratadine (Allergy Relief And Decongestant)
pse/triprolidine HCl
(Allergy Relief and Phedrin)
pseudoephedrine HCl (pse) (Sudafed)

Diaphragms and Other Non-oral

Contraceptives

condoms (Condoms)
nonoxynol 9 (Nonoxynol 9)

Expectorant Combinations

guaifen (Mucus Relief)
guaifen/ephedrine HCl (Bronchial)
guaifen/phenylephrine HCl (Robitussin PE)

H2 Antagonists

cimetidine, famotidine, ranitidine HCl
(Acid Reducer)
nizatidine (Axid AR)

Insulin Syringes/Miscellaneous

Durable Medical Equipment

alcohol swabs (Alcohol Swabs)
lancets (Lancets)
test strips (Accu-Chek, OneTouch, Sure Step)

Keratolytics

salicylic acid (Acne Cleansing Pads)

Lipid/Cholesterol-Lowering Agents

niacin (Niacin)

Miscellaneous Agents

cough drops (Cough Drops)
glucosamine HCl/chondro su a
(Glucosamine/Chondroitin)
oxymetazoline HCl (Nasal Spray)
phenylephrine HCl (Nasal Decongestant)
polysorbates (Tween)
sodium chloride (Saline Nose Spray/Mist)
sodium Cl irrig soln
(Sodium Chloride for Irrigation)
sodium fluoride (Anticavity Fluoride)
sorbitol solution (Sorbitol)
stannous fluoride gel (Gel-kam)
urine albumin test (Micro-Bumintest)

Miscellaneous Analgesic

acetaminophen (apap) (Tylenol)
apap/caffeine (Excedrin Tension Headache)
apap/dp-hydramine (Headache Relief PM)

Miscellaneous Dermatologicals

aluminum acetate (Hydrosal)
amlactin (Lac-Hydrin)
bismuth formic iodide (Bismuth Formic Iodide)
calamine (Calamine)
capsaicin (Capzasin-HP/Zostrix-HP)
chlorhexidine gluconate (Hibiclens)
colloidal oatmeal (Colloidal Oatmeal)
colloidal oatmeal/dimethicone
(Colloidal Oatmeal Lotion)
diphenhydramine HCl (Benadryl)
lanolin anhydrous ointment (Lanolin)
mineral oil (emollients) (Mineral Oil)
mineral oil/pet hy-phl (Aquaphor)
mineral oil/pet, white (Eucerin)
pantothenic acid/aloe vera (Excel-Gel)
urea (Carmol 10 and 20/Ureacin)
vitamin e acetate (Vitamin E)
zinc oxide (Zinc Oxide)

Please note: This member guide does not contain a complete list of formulary drugs. It only lists the top 100 medications. The member must present a prescription to the Pharmacy in order for the over-the-counter product to be billed. The member will not have a co-payment for over-the-counter products that are filled generically.

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Note: This prescription drug list (PDL) is for Physicians Health Plan FamilyCare, MICHild, MICHild Childrens Special Health Care Services and Healthy Michigan.

Miscellaneous Gastrointestinal Agents	Other Electrolytes	hydrocortisone acetate (Lanacort)
bisacodyl (Dulcolax) calcium carbonate (Calcium Carbonate) calcium carbonate (antacid) (Calcium Antacid) calcium polycarbophil (Fibercon) castor oil (Castor Oil) dibucaine (Nupercainal) docusate calcium (Calcium Stool Softener) docusate sodium (Docusate Sodium) docusate sodium w/casantranol (Docusate Plus) glycerin (Glycerin) hydrocortisone acetate (Anusert HC) ippecac (Ipecac) mag hydrox/al hydrox/simeth (Antacid Extra Strength) magnesium citrate (Magnesium Citrate) magnesium hydroxide (Milk of Magnesia) magnesium hydroxide/al hydrox (Rulox) magnesium sulfate (Epsom Salt) melatonin (Meladox) methylcellulose (Citrucel) na phos,m-b/na phos,di-ba (Enema) naph,mb-db/pramoxine HCl/gly (Fleet P-S Accu-Prep) pe/shark liver/gly/pet,wh (Hem-Prep) polyethylene glycol (MiraLax) psyllium seed/dextrose (Natural Psyllium Fiber) psyllium seed/sucrose (Fiber) sennosides (Senna) sennosides/docusate sodium (Senna S) simethicone (Anti-Gas) sodium bicarbonate (Antacid)	calcium (Calcium) calcium carbonate (Tums) electrolyte,oral (Electrolyte) lytes/carboxymethylcellulose (Saliva Substitute) magnesium oxide (Magnesium Oxide) naph,mb-db/k ph,mbdb (Neutra-Phos/Phos-Nak) zinc gluconate (Zinc Gluconate) zinc sulfate (Zinc Sulfate)	Topical Scabicides/Pediculicides
Miscellaneous Nutrition Products	Potassium	permethrin (Permethrin) piperonyl butoxide/pyrethrins (Lice Treatment)
acidophilus/bulgaricus (Floranex) lactase enzyme tablet lactobacillus acidophilus (Acidophilus) medium chain triglycerides (Mct Oil)	potassium (Potassium)	Urinary Anesthetics
Miscellaneous Ophthalmologics	Proton Pump Inhibitors	phenazopyridine HCl (Urinary Pain Relief)
carboxymethylcellulose sodium (Refresh Tears) dextran 70/hypromellose (Tears Plus) hypromellose (Hypromellose) ketotifen fumarate (Zaditor) mineral oil/petrolatum,white (Lubricant Eye) polyvinyl alcohol (Artificial Tears) sodium chloride (eye preps) (Muro-128/Sodium Chloride Eye Preps)	omeprazole OTC (Prilosec OTC) lansoprazole (Prevacid OTC, Susp)	Vaginal Antifungals
Miscellaneous Otic Preparations	Salicylates	clotrimazole (Clotrimazole) miconazole nitrate (Miconazole Nitrate 3 & 7)
carbamide peroxide (Ear Wax Drops)	asa/apap/cafeine (Pain Reliever Extra Strength) asa/calcium carb/mag/al hydrox (Aspir-Mox IB) asa/mag hydrox/al hydrox (Arthritis Pain Formula) aspirin (Adult Aspirin) effervescent antacid (Alka-Seltzer)	Vasoconstrictor Decongestants
Miscellaneous Pulmonary Agents	Smoking Deterrents	naphazoline HCl (Clear Eyes) naphazoline HCl/phenir mal (Visine-A) oxymetazoline (Afrin) phenylephrine HCl (Altafrin) tetrahydrz/dext 70/peg 400/pvp (Eyedrops)
cromolyn sodium (Cromolyn Sodium) sodium Cl for inhalation (Sodium Chloride For Inhalation) water for inhalation (Sterile Water)	nicotine gum (Nicotine Gum) nicotine lozenges (Nicorette) nicotine patch (Nicoderm CQ)	Vitamins & Hematinics
NSAIDs	Therapy For Acne	ascorbate calcium (Vitamin C) ascorbic acid (Ascorbic Acid) ascorbic acid/zinc (Zinc) calcium (Calcium) calcium carb/vit D3/minerals (Calcium Plus D) calcium carbonate (Calcium Carbonate) calcium carbonate/vit C/vit D3/e/mn (Calcium Ultra) calcium carbonate/vitamin D2 (Oyster Shell Calcium) calcium citrate with D (Calcium Citrate with D) calcium glubionate (Calcionate) calcium phosphate/vitamin D3 (Calvite P&D) calcium/mag oxide/vitamin D3 (Coral Calcium Plus) cyanocobalamin (Vitamin B-12) cyanocobalamin/fa/pyridoxine (Fol tabs 800) ergocalciferol (Calciferol) ferrous fumarate (Ferrous Fumarate 324) ferrous fumarate/docusate na (Iron with Stool Softner) ferrous gluconate (Ferrous Gluconate) ferrous sulfate (Ferrous Sulfate) folic acid (Folic Acid) folic acid/vitamin B comp w-C (Nephro-vite) mag sulf/vitamin B comp w-C/zinc (Magan C-7) multivitamins (tablet, chew, liquid) (Multivitamins) multivitamins w/iron (tablet, chew, liquid) (Multivitamins w/iron) multivitamins w/minerals (tablet, chew, liquid) (Multivitamins W/minerals) prenatal vitamin (Prenatal Vitamin) pyridoxine HCl (Vitamin B-6) thiamine HCl (Vitamin B-1) vitamin A/vit B comp/vitamin E (Apetigen) vitamin A/vit C/vitamin E/zinc (Vi-Zac/Azac) vitamin a/vit c/zinc/propolis (Zinc (Vit. A/ Vit. C/Zinc/Propolis)) vitamin A/vitamin D2/cod liver (Scott's Emulsion) vitamin B complex (Vitamin B Complex) vitamin E/vitamin B comp w-C (Stress Formula w/vitamin C)
ibuprofen (Motrin) ketoprofen (Orudus) naproxen sodium (Aleve)	Topical Antibacterials	
	bacitracin (Bacitracin) bacitracin/polymyxin b sulfate (Double Antibiotic) iodine/potassium iodide (Iodine) neomy sulf/bacitra/polymyxin b (Triple Antibiotic/HM Triple Antibiotic/ Triple Antibiotic Oint.) neomy sulf/bacitrac zn/poly (Trisporic) povidone-iodine (Iodex-P)	
	Topical Antifungals	
	ketoconazole (Nizoral A-d) miconazole nitrate (Lotrimin AF/Neosporin AF/Zeasorb-AF) terbinafine HCl (Lamisil AT) tolnaftate (Antifungal)	
	Topical Corticosteroids, Low Potency	
	hydrocortisone (Cortizone/cortizone-10/hytone)	

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